

Hot New Program!!

Bigs and littles Volleyball!!



for
Boys and Girls
Grade 1 & 2

Bigs and littles volleyball is a program where a parent, guardian, grandparent, aunt, uncle signs up with their grade 1 & 2 athlete. Bring your running shoes - you will participate together on the court!!

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| ★ | Head Coach: Josh Schulz |
| ★ | Speed and agility, hand / eye co-ordination, balance, tracking & volleyball movement |
| ★ | Focusing on ball play, lots of movement and volleyball skill introduction |
| ★ | 8 weeks of high energy fun!! |
| ★ | A very cool Spikes T-Shirt |
| ★ | Teaching fair play, respect and team work |

We are pleased to be able to offer this program for \$155.00

Limited participants – register today!

SPIKES Volleyball has been developed by Ontario Volleyball.
Beth Schulz is authorized to deliver the SPIKES Volleyball program in the Niagara Region



experience this!

Bigs and littles Volleyball



Location: Eden Secondary School
Address: 535 Lake Street. St. Catharines
Start date: Saturday, September 19th, 2026
Time: 10:00 -11:00am

To Register

Fill out registration form and scan to schulzy2@sympatico.ca
Space is limited!! Register today!!

Registration fee: \$155.00

Payment details will be forwarded when registration is received.

Questions?

Please contact Beth Schulz schulzy2@sympatico.ca

Bigs and Littles Volleyball – Fall 2026 Registration Form

Adult Name: _____ Gender : Male Female
Child's Name : _____
Child's Date of Birth: _____
Parent's E-mail: _____
Parent/Guardian Name: _____ Parent/Guardian Phone: _____
Medical Concerns: _____

Personal Information & Photo Release, Waiver and Indemnification: I understand Ontario Volleyball (OVA) gathers personal information about each of its participants, including name, address, email, telephone number, gender and date of birth. This information is used for the purpose of communications from OVA with regard to OVA programs, events, promotions, and sponsorships. The information is also used by Volleyball Canada for annual registration and membership demographics. OVA requests medical and emergency contact information to use in case of a medical emergency.

I understand that Ontario Volleyball has the right to take photographs, videotape, or digital recordings of me at its programs, to be used in any and all media. I am aware that by giving consent, I am permitting my name and image to be posted on the OVA website, provided to media, and used in publications, which can be viewed by anyone who accesses the OVA website, external media, or publications. I understand that I may withdraw consent to the collection, use or disclosure of my personal information at any time by contacting the OVA Privacy Officer (privacy@ontariovolleyball.org).

Upon acceptance as a participant of Ontario Volleyball, I agree to abide by the rules and procedures of the OVA as approved through the By-Laws, Rules and Regulations of the OVA. As a participant of the OVA I shall uphold the high standards of the OVA and shall never do anything to damage the reputation of the OVA. I understand and agree that the OVA and/or any of its coaches, program coordinators, officials, affiliates, or sponsors are not responsible for any injury, damage or loss resulting from my accident from known or unknown conditions howsoever caused. I also understand and agree that any violation of this contract may result in the immediate termination of my participation.

Parent/Guardian Signature: _____

Date: _____



experience this !