

# COVID-19 Return to Play COACH'S CHECKLIST

This checklist has been created to help you, as a coach, stay within the guidelines of Return to Play protocols.

## WHAT YOU NEED TO DO:

- o Review the club's COVID-19 protocols and related documents.
- o Be a role model in following all COVID-19 guidelines.
- o Host a virtual parent/team meetings.
- o Remind athletes each session of the restrictions:
  - ✓ Medical questionnaire must be completed prior to each session
  - ✓ Face masks must always be worn indoors, during all off court activities
  - ✓ Social Distancing during all off court activities
  - ✓ No sharing of personal items
  - ✓ No handshakes, high five, celebratory team huddles
- o To eliminate further risk, coaches are expected to have closed practices until further notice.
- o Ensure that a team volunteer will act as the COVID-19 Health & Safety Representative (and that all COVID-19 protocols are being monitored and followed at each event). This volunteer will act as door monitor to each team practice.
- o Designate an isolation area within the facility in case an athlete or coach becomes ill during practice.
- o Request that athletes arrive 15 minutes ahead of practice, not earlier (to allow time for the previous team to exit the building and complete sanitizing protocols).
- o Athletes must come prepared with their own water bottle and may use a gym bag to store personal items.
- o In collaboration with the team's Health & Safety Representative, ensure all equipment is disinfected after each session.

**THANK YOU FOR YOUR DEDICATION AND COOPERATION**