

Friday Night Co-ed Volleyball

Best game in town!!

Grades 7 - 10

At the Rapids, we are interested in developing the love of volleyball at all different levels!! With 29 travel teams, the Rapids is one of the largest clubs in Ontario!! We also have an amazing house league system where we are committed to developing skill and team!! Come out and have fun with Friday Night Volleyball!!

Friday Night Volleyball is a great place to:

- Get active and be social!!
- Develop your skill through excellent instruction
- Have fun competing during game play
- Connect with a great coach
- Register as an individual or with a friend(s)

Start Date: Friday, September 24th for 12 weeks

Where: Royal Imperial College of Canada(RICC) - 10 Seymour Ave. St Catharines

Time: 6:30-8:00pm

Cost: \$200.00 (includes t shirt)

Please email Beth Schulz schulzy2@sympatico.ca to register your

team or to register with a friend or to register as an individual.